

# Harbor Lights

RESTAURANT



# Lunch and Dinner

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## Appetizers

### Pepperoni or Cheese Pizza

Thin crust pizza topped with homemade sauce, pepperoni and mozzarella cheese. \$7.49

### Chili Cheese Fries

Homemade potato chips topped with Bison chili, Colby-Jack cheese, sour cream, green onion and diced tomato, served with cilantro-lime ranch. \$6.49

### Fried Green Tomatoes

Slices of green tomatoes dipped in buttermilk and rolled in seasoned cornmeal, fried and served with spicy Ranch dressing. \$5.99

### Chicken Wings

Your choice: Naked, Spicy Marinated or Honey Stung Breaded. Both served with Ranch. \$7.99

### Onion Blossom

Beer battered colossal onion served with spicy remoulade sauce. \$6.99

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## Soups and Salads

Add grilled or breaded chicken breast \$3.00

### Garden Salad

Mixed salad greens topped with diced tomatoes, croutons and shredded cheddar cheese. Served with your choice of dressing. \$2.99

### Chicken Fajita Salad

Mixed greens with sautéed chicken breast, bell pepper, onion and tomatoes, topped with cilantro-lime Ranch dressing and Colby Jack cheese. Served in a crispy flour tortilla bowl. \$8.49

### Lake View Spinach Salad

Fresh spinach topped with candied pecans, feta cheese, strawberries, red onions, apple-wood smoked bacon and raspberry vinaigrette. \$5.99

### Caesar Salad

Fresh chopped romaine tossed with Caesar dressing, and croutons and garnished with freshly grated parmesan. \$2.99

### Soup and Salad Bar

Help yourself to our all you can eat soup and salad bar, (when available). \$6.99

### Soup of the Day

Ask your server for today's variety of our homemade soup.  
**Cup \$2.49 : Bowl \$2.99**

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## Sandwiches

Add soup/salad bar for \$2.99

### French Dip Sandwich

Shaved prime rib soaked in au jus, served on a hoagie roll with Swiss cheese. Accompanied by creamy horseradish sauce and au jus. \$9.99

### Tomato Bacon Grilled Cheese

Thin slices of tomato and apple-wood smoked bacon layered between melted cheddar, American and Swiss cheeses on toasted sourdough bread. \$6.99

### Grilled Portabella Mushroom Sandwich

Herb-marinated portabella mushrooms charbroiled and topped with roasted red peppers and Swiss cheese. Served on a toasted Kaiser bun with lettuce, onion, tomato and pickle. \$7.99

### Boneless Chicken Breast

Your choice: Breaded and fried or grilled, served with honey mustard, lettuce, tomato and pickle. \$7.49

### Turkey Bacon and Ranch

Sliced turkey breast and apple-wood smoked bacon topped with tomatoes, lettuce, shaved red onion and Swiss cheese. Served on whole wheat toast with creamy ranch dressing. \$7.99

### Frank's Pulled Pork

Slow smoked pork smothered in our own BBQ sauce with coleslaw. Served on a toasted Kaiser roll. \$7.49

### All American Hamburger

Served with thinly sliced red onions, lettuce, tomato, pickle, bacon and your choice of cheese. \$7.99  
Add bison chili to your burger for \$1.00

### Mushroom Swiss Hamburger

Topped with sautéed mushrooms and baby Swiss cheese, served with garlic aioli. \$7.99

### Char-Dog

Quarter pound, certified angus beef frankfurter, marinated and charred over an open flame. Served with mustard, relish and a dill pickle. \$4.99  
Add bison chili for \$1.00

### Catfish Po' Boy

Mild catfish dusted with cornmeal and deep fried OR Cajun baked. Served on a hoagie bun with coleslaw, dill pickle and tomato. \$7.99

### Reuben

Grilled marble rye with tender sliced corned beef, melted Swiss, sauerkraut and Thousand Island dressing. \$7.49

*All sandwiches served with homemade potato chips or French fries.*



# Lunch and Dinner

## Kentucky Favorites

Soup and Salad bar (when available) can be added to any Kentucky Favorite for \$2.99, or substituted for a side item for \$1.00.

### Catfish Fillet

Mild catfish fillet, your choice of seasoned cornmeal dusted and fried to a golden brown or Cajun baked. Served with hushpuppies and your choice of two sides. \$9.49

Add a second fillet for \$3.00

### Kentucky Hot Brown

Toast points with baked country ham and roasted turkey, smothered in white cheese sauce, topped with tomato, bacon and cheddar cheese. \$8.99

### Honey Mustard Grilled Chicken

Topped with sautéed mushrooms, honey mustard, apple wood bacon and Mexican cheese, served with your choice of two sides. \$10.49

### Country Fried Steak

Tender chopped steak breaded with southern seasoned flour and fried until crispy. Served with country gravy, real mashed potatoes and choice of one side. \$10.99

### Grilled Pork Chops

Teriyaki marinated boneless pork chops charbroiled to order, served with grilled pineapple and your choice of two sides. \$10.99

### Herb Grilled Chicken Breast

Herb marinated chicken breast charbroiled tender and juicy. Served with your choice of two sides. \$9.49

Add a second piece for \$1.50

### Spaghetti and Meat Sauce

Homemade meat sauce served over a generous portion of spaghetti. Served with garlic toast. \$9.49

## Steaks

Steaks are served with one side item and all you can eat soup and salad.

### Rib-eye Steak

12 oz. aged USDA choice black angus rib-eye lightly seasoned and char-grilled. Served with Chef Kelly's "Everything Sauce" and two sides. \$17.99

### Black Angus Top Sirloin Steak

6 oz aged USDA choice black angus sirloin seasoned and char-grilled to your liking. Served with Chef Kelly's "Everything Sauce" and your choice of two sides. \$10.99

### 10oz Certified Angus Chopped Steak

Wrapped with bacon, charbroiled and topped with sautéed onions and mushrooms. Served with a choice of two sides. \$9.99

## Sides

All sides \$2.29

Fresh Mashed Potatoes  
Seasonal Fresh Vegetables  
Country Green Beans  
Cole Slaw  
Macaroni and Cheese  
Hash Brown Casserole  
French Fries  
Onion Rings  
Pinto Beans

## Beverages

Fountain Drinks \$1.99  
John Conti Iced Tea \$1.99  
John Conti Coffee \$1.99  
Milk \$2.29  
Highbridge Springs Bottled Water \$1.99

Free refills on coffee, fountain drinks & iced tea.

May be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

We proudly serve the following Kentucky Proud Products: Harper's Country Ham, Purnell's Sausage, John Conti Coffee and local Kentucky Proud milk products.



Kentucky State Parks restaurants are proud to participate in the following initiatives to provide fresh, nutritious, and delicious food for you and your family while giving back to our state and local communities.



Kentucky State Parks cares about the health and future of your family. That's why they've teamed up with *Better Bites* to offer your family dependable, healthy choices at KY state resorts. (when you're dining out). Each item has been certified to meet nutrition standards without sacrificing taste. Look for the *Better Bites* logo to know you are making a healthy choice! Ask your server for more details.



As a consumer, you face the challenge of making smart food choices for you and your family. Did you know the average meal travels 1,500 miles from the farm to your plate, resulting in lost nutritional value and taste every mile of the way? Buying Kentucky Proud products decreases this distance and ensures that you're eating fresh and nutritious foods while supporting Kentucky's farm families. Buying local products strengthens our local economy by keeping dollars at home and building a sense of community during the process. Kentucky Proud is not only a way to provide safe and nutritious foods for your loved ones, but it is an investment in Kentucky's land, people and its future. Kentucky Grown Keeps Kentucky Growing! <http://www.kyproud.com/>



The Kentucky State Parks are part of Gov. Steve Beshear's effort to improve the health of all Kentuckians. The Governor launched [kyhealthnow](http://kyhealthnow.ky.gov) as an aggressive and wide-ranging initiative to significantly reduce incidence and deaths from Kentucky's dismal health rankings and habits. It builds on Kentucky's successful implementation of health care reform and uses multiple strategies -- including participation in outdoor activities at state parks -- over the next several years to improve the state's collective health. Visit [kyhealthnow.ky.gov](http://kyhealthnow.ky.gov)

**Kentucky Dam Village State Resort Park**  
113 Administration Dr.  
Gilbertsville, KY 42044  
Phone: (270) 362-4271